

Licensed Professional – Therapeutic Program Specialist

Reports To: Program Director

Location: DayBreak Senior Services – Ogden, Utah

Employment Type: Full-Time | Monday – Friday, 9:00 AM – 6:00 PM

No Nights. No Weekends. Paid Holidays. PTO. Career Growth.

Position Summary

DayBreak Senior Services is Northern Utah's only licensed Adult Day Health Facility, specializing in dementia-informed care and respite services. We're proud to provide structured, meaningful days for up to 24 older adults while giving families peace of mind and much-needed support.

We are seeking a **licensed professional** to lead and expand our therapeutic programming and engagement services. This role will serve as a **subject matter expert**, consulting closely with the Program Director while supporting our entire care team.

Working at DayBreak means you'll have the opportunity to form **deep, personal relationships** with participants and their families in a supportive, collaborative environment. Every day is filled with joy, laughter, creativity, and purpose—yours included. We are seeking someone who is passionate about innovating approaches to dementia-informed care. We need your creativity and your enthusiasm!

Who Can Apply

We are prioritizing a Licensed Certified Therapeutic Recreational Specialist (CTRS) but we welcome other Licensed Professionals in related fields with proven experience serving older adults, functionally impaired adults or those living with dementia to apply. The following licenses are accepted:

- Licensed Nurse
- Licensed Social Worker
- Licensed Psychologist
- Licensed or Certified Recreational or Physical Therapist

- Other Licensed Professionals in related fields with proven experience serving older adults or functionally impaired adults
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Core Responsibilities

Therapeutic Programming

- Design, implement, and evaluate therapeutic activities that support cognitive function, social connection, emotional health, and physical well-being
- Lead group and individual programming in alignment with dementia care best practices
- Adapt activities for a range of cognitive and physical abilities, ensuring inclusive participation
- Partner with direct care staff to embed therapeutic routines throughout the day
- Implement strategies to support individualized and personalized care for each participant.

Grant-Aligned Program Development

- Support special initiatives and enhanced programming that promotes participant autonomy and joy
- Develop and oversee activity budgets, ensuring responsible purchasing and inventory management for all therapeutic supplies
- Research and introduce innovative, evidence-based interventions into service delivery.

Participant & Family Support

- Conduct intake assessments to determine program eligibility of participants and identify participant interests, emotional needs, and engagement styles
- Collaborate with the Director and Direct Care team to develop individualized engagement plans and update them quarterly or as needed
- Provide ongoing emotional and psychosocial support to participants
- Assist caregivers with education, support, and connection to outside resources
- Maintain accurate, confidential records and contribute to compliance reports

Team Support & Education

- Provide training and mentorship to direct care staff on dementia engagement strategies
- Collaborate with the Director on annual training plans for staff development
- Participate in team meetings and interdisciplinary planning for participant success
- Contribute to a strong team culture by stepping in where needed and supporting your fellow staff members

What Makes This Role Unique at DayBreak

- **Small Daily Census** (24 participants max) allows for deep connection
- **Creative Freedom** to build out programs that make a lasting impact
- **Family Atmosphere** – every staff member is valued, and everyone supports one another
- **Flexible Professional Background** – we welcome a variety of licenses and skills
- **Meaningful Mission** – your work directly enhances the lives of people living with dementia and their caregivers

Required Skills & Experience

- Active Utah license
- Experience working with older adults or individuals with cognitive impairments
- Excellent communication, planning, and collaboration skills
- Passion for working in a small, person-centered environment
- CPR/First Aid certification (or willingness to obtain)

Salary & Benefits

- Full-Time Salary: \$40,000 - 45,000 annually
- Monday–Friday schedule (9:00 AM–6:00 PM)
- No regular nights. No regular weekends. (Monthly or as needed staff meetings are traditionally held after hours during the week.)
- Paid holidays, paid vacation, and sick time
- Professional development opportunities and ongoing training
- Career advancement potential as DayBreak expands services across Utah
- Supportive, team-based environment where every staff member is valued

Anyone interested in this position, please send your resume and cover letter to Morgan Begin morgan@daybreakseniorservices.com. If you have any questions or need additional information please contact Morgan directly. Thank you for your interest!